

BE SAFE

Caregiver Gear Up Lesson

PURPOSE:

Caregivers learn how to keep their child safe by having a plan and being prepared for emergencies. When children know their personal information like their telephone number, address, and caregivers' names, they play a more active role in their personal safety.

LEARNING GOALS:

- To learn the importance of knowing personal information and how to promote social and emotional independence.
- To learn activities that will assist in learning personal information.

POTENTIAL SPEAKERS:

- **Teacher or School Administrator** – Focuses discussion on the importance of balance in work time and free time and/or school safety precautions.
- **Police Officer** – Focuses discussion on personal safety, caregiver resources for community safety, and/or stranger danger.
- **Crime Prevention Specialist** – Focuses discussion on personal safety, caregiver resources for community safety, and/or stranger danger.
- **Fire Fighter** – Focuses discussion on fire safety at home and how to prepare for wildfires.

HOSTING THIS SESSION:

- PLEASE READ THROUGH CAREGIVER HANDOUT BEFORE HOSTING THIS DISCUSSION.
 - Welcome caregivers back.
 - Invite caregivers to share some of the at-home activities they completed with their children from last week's session.
 - Allow caregivers time to ask any questions.
 - Give out Caregiver Handout. Encourage caregivers to take notes on the back of the Caregiver Handout.
 - Announce today's theme - **Be Safe**.

 - Introduce Guest Speaker and what they will be speaking about today.
- OR**
- Facilitate discussion using this lesson's discussion questions.
 - Distribute discussion questions to caregivers.
 - Have caregiver read question aloud.
 - Encourage everyone to answer the questions as a group.

CLOSURE:

- Encourage questions at the end of session.
- Review what children have learned today. Encourage caregivers to ask their child to show their new skills.