

BE PERSISTENT

Caregiver Gear Up Lesson

PURPOSE

Introduce caregivers to the concept of “growth mindset.” Caregivers have the tendency to struggle with seeing their children fail. However, research has shown that failure is a key component of learning. Being able to encourage and support children in a positive way when they make mistakes can help them become better learners and more successful in the classroom.

LEARNING GOALS:

- To learn how to support your child’s mistakes.
- To learn language frames that will nurture a growth mindset.

POTENTIAL SPEAKERS:

- **Teacher or School Administrator** – Focus discussion on why encouraging a growth mindset is important. Stress the advantages of tinkering with projects that don’t work the first time. Phrases that encourage a growth mindset are “I can see how hard you worked on that” or “Wow, I’m so impressed you kept trying until you got it right!” rather than “You’re so smart.”
- **Children’s Librarian** –How do we encourage a growth mindset during storytimes and activities to encourage caregivers and children to nurture a growth mindset rather than a fixed mindset?

HOSTING THIS SESSION:

- PLEASE READ THROUGH CAREGIVER HANDOUT BEFORE HOSTING THIS DISCUSSION.
 - Welcome caregivers back.
 - Invite caregivers to share some of the at-home activities they completed with their children from last week’s session.
 - Allow caregivers time to ask any questions.
 - Give out Caregiver Handout. Encourage caregivers to take notes on the back of the Caregiver Handout.
 - Announce today’s theme – **Be Persistent**.

 - Introduce Guest Speaker and what they will be speaking about today.
- OR**
- Facilitate discussion using this lesson’s discussion questions.
 - Distribute discussion questions to caregivers.
 - Have caregiver read question aloud.
 - Encourage everyone to answer the questions as a group.

CLOSURE:

- Encourage questions at the end of session.
- Review what children learned. Encourage caregivers to ask children about the project they worked on today, using phrases such as: “you must have worked really hard on building/making that.”