

# BE GREEN

## Caregiver Gear Up Lesson

### PURPOSE:

Introduce caregivers to ways they can encourage their children to take an active part in looking after their environment. If children are trained to properly put or throw things away once they are done using them, they can stay better organized, which is a valuable lifelong skill. Setting clear expectations can help children with this process. Children will need to clean up after themselves in kindergarten.

### LEARNING GOALS:

- To learn how to help your child learn that everything has its place.
- To learn how to help your child understand how to dispose of trash, compost, and recyclables.

### POTENTIAL SPEAKERS:

- **Teacher or School Administrator** – Focus discussion on the organization and structure of a kindergarten classroom. This should highlight the importance of cleaning up at home, why it is important to stay organized, and to clean up before starting another activity.
- **Children’s Librarian** – Focus the discussion on the importance of order, discipline, and organization on creating a space for learning. This is an important aspect of school readiness and a skill children should master.
- **Park Ranger** – Focus the discussion on the importance of respecting our environment and how we can encourage and assist children in developing a respect for nature and the environment.
- **Representative from:**
  - **Local Environmental Group**
  - **Waste Management**
  - **Water District**

Focus the discussion on what the speaker does for the environment and how caregivers can teach children to help the environment and be good community members.

### HOSTING THIS SESSION:

- PLEASE READ THROUGH CAREGIVER HANDOUT BEFORE HOSTING THIS DISCUSSION.
  - Welcome caregivers back.
  - Invite caregivers to share some of the at-home activities they completed with their children from last week’s session.
  - Allow caregivers time to ask any questions.
  - Give out Caregiver Handout. Encourage caregivers to take notes on the back of the Caregiver Handout.
  - Announce today’s theme - **Be Green**.
  
  - Introduce Guest Speaker and what they will be speaking about today.
- OR**
- Facilitate discussion using this lesson’s discussion questions.
  - Distribute discussion questions to caregivers.
  - Have caregiver read question aloud.

- Encourage everyone to answer the questions as a group.

**CLOSURE:**

- Encourage questions at the end of session.
- Review what children learned. Encourage caregivers to ask children about sorting trash and demonstrate if they know how to sort recyclables.