

# BE CREATIVE

## Caregiver Gear Up Lesson

### PURPOSE:

Introduce caregivers to the importance of creativity in independent problem solving and growth mindset. Thinking creatively allows us to use mistakes as opportunities to try out new approaches.

### LEARNING GOALS:

- Caregivers will learn how to incorporate creativity and imaginative play into their child's day.

### POTENTIAL SPEAKERS:

- **Teacher or Art Educator**– Focus discussion on the value of using mistakes as learning opportunities and easy ways encourage creative problem solving.
- **Children's Librarian** –Focus discussion on using imagination while reading books and in conversation.
- **Local Artist** – Focus discussion on the creative process and ways it can be incorporated into everyday life.

### HOSTING THIS SESSION:

- PLEASE READ THROUGH CAREGIVER HANDOUT BEFORE HOSTING THIS DISCUSSION.
  - Welcome caregivers back.
  - Invite caregivers to share some of the at-home activities they completed with their children from last week's session.
  - Allow caregivers time to ask any questions.
  - Give out Caregiver Handout. Encourage caregivers to take notes on the back of the Caregiver Handout.
  - Announce today's theme - **Be Curious**
  
  - Introduce Guest Speaker and what they will be speaking about today.
- OR**
- Facilitate discussion using this lesson's discussion questions.
  - Distribute discussion questions to caregivers.
  - Have caregiver read question aloud.
  - Encourage everyone to answer the questions as a group.

### CLOSURE:

- Encourage questions at the end of session.
- Review what children have learned today. Encourage caregivers to invite children to show them what they have observed during the lesson.