

BE AN ALLY

Caregiver Gear Up Lesson

PURPOSE:

Adults demonstrate important allyship to children when they work toward positive change in the community, at their school, and/or in achieving personal goals.

LEARNING GOALS:

- Expose caregivers to opportunities to engage with their communities and work for change.

POTENTIAL SPEAKERS:

- **PFLAG Chapter Coordinator** – Discuss what makes family and the concept of acceptance. Modeling allyship as an adult, have discussions at home on real life scenarios.
- **Youth Services Librarian** – Focus the discussion on empathy, being a kind friend and standing up for others. Use books and storytelling to spread knowledge and representation.
- **Social Justice Activist** – Discuss what active listening is as opposed to listening to respond. Talking about how to support your friends, family and local neighborhood businesses.

HOSTING THIS SESSION:

- PLEASE READ THROUGH CAREGIVER HANDOUT BEFORE HOSTING THIS DISCUSSION.
 - Welcome caregivers back.
 - Invite caregivers to share some of the at-home activities they completed with their children from last week's session.
 - Allow caregivers time to ask any questions.
 - Give out Caregiver Handout. Encourage caregivers to take notes on the back of the Caregiver Handout.
 - Announce today's theme - **Be an Ally**.

 - Introduce Guest Speaker and what they will be speaking about today.
- OR**
- Facilitate discussion using this lesson's discussion questions.
 - Distribute discussion questions to caregivers.
 - Have caregiver read question aloud.
 - Encourage everyone to answer the questions as a group.

CLOSURE:

- Encourage questions at the end of session.
- Review what children learned and encourage caregivers to ask children about how they worked together today.