

# BE A LEADER

## Caregiver Handout



### What your child learned this week:

Skills:	Content:
<ul style="list-style-type: none"> <li>• Focus &amp; Self-Control</li> <li>• Independence</li> <li>• Print Awareness</li> <li>• Sorting</li> </ul>	<ul style="list-style-type: none"> <li>• Color recognition</li> <li>• Problem solving</li> <li>• Identifying mistakes</li> <li>• Counting and simple addition</li> </ul>

### Activities to do at home to reinforce this week's learning goals:

- **Create a Chore Chart Together:** Discuss what tasks are needed to run the household. Ask your child what they think is important and what should go on a chore chart. Then discuss who is best suited for each task and ask everyone in the family to select the chore they think they should do, including adults.
- **Plan an Outing:** Ask your child to help plan a simple outing, such as a picnic or an afternoon at the park. Follow their lead on activity suggestions, and help them think through the logistics by asking questions like: "How should we get there?" "Should we bring snacks? What kind?" "What do you think the weather will be like? Should we bring jackets?"
- **How to Solve a Problem:** When your child comes to you for help on a problem, instead of giving them the solution, try to help them figure it out on their own. Remind them it is okay if they make a mistake.

### Recommended books to read with your child to reinforce this week's learning goals:

- *Sofia Valdez, Future Prez* by Andrea Beaty (Harry N. Abrams, 2019) When her abuelo is injured at the local landfill, second-grader Sofia is determined to transform the dangerous Mount Trashmore into a park, taking on City Hall in the process.
- *The Darkest Dark* by Chris Hadfield (Little Brown, 2016) Young Chris loves pretending he's a brave astronaut, exploring the universe. Only one problem--at night, he's afraid of the dark. Only when he watches the moon landing on TV does he realize how exciting the unknown can be. Inspired by the childhood of real-life astronaut Chris Hadfield.
- *The Thing Lou couldn't Do* by Ashley Spires (Kids Can Press, 2017) When the next adventure has her friends scaling a tree, it is time for Lou to face the fact that she has never climbed a tree.