

BE SAFE

Caregiver Handout



What your child learned this week:	
Skills:	Content:
<ul style="list-style-type: none"> • Body & Spatial Awareness • Connecting with Others • Independence • Numeracy 	<ul style="list-style-type: none"> • To identify numbers • To remember one's address and phone number • Safety Precautions

Activities to do at home to reinforce this week's learning goals:
<ul style="list-style-type: none"> • Practice identifying numbers one-ten. Challenge your child to go higher. Talk about how numbers are used in various combinations to identify things. Talk about important numbers to know like phone and house numbers. • Have your child recite your home address and phone numbers. Have your child practice dialing your phone number. Challenge your child to learn the phone number of an emergency contact. • Continue to establish rules for inside and outside the home. Help your child understand why we have different rules for different places. • Have your child write a letter to someone and let them practice writing your return address on the envelope. • Practice Stop, Drop, and Roll. • Have your child help you prepare a Safety Preparedness kit for your home.

Recommended books to read with your child to reinforce this week's learning goals:
<ul style="list-style-type: none"> • <i>How do Dinosaurs Stay Safe?</i> by Jane Yolen and illustrated by Mark Teague (Scholastic, Inc., 2015) This book addresses safety issues such as crossing the street, how to dial 9-1-1, and meeting a stranger. • <i>Officer Buckle and Gloria</i> by Peggy Rathmann (Putnam, 1995) Children learn safety tips from Officer Buckle and his amazing police dog Gloria. • <i>Katie Woo, Where Are You?</i> by Fran Manushkin (Picture Window Books, 2012) Focuses on children's fear of getting lost, and what they can do if it happens to them.