

# BE GREEN

## Caregiver Handout



What your child learned this week:	
Skills:	Content:
<ul style="list-style-type: none"><li>• Body &amp; Spatial Awareness</li><li>• Communication</li><li>• Cooperation</li><li>• Sorting</li></ul>	<ul style="list-style-type: none"><li>• Learning about recycling</li><li>• Looking after one's environment</li></ul>

### Activities to do at home to reinforce this week's learning goals:

- Create a "Getting Ready" checklist for your child to use in the morning before school and at night before bed so they can get ready on their own.
- Help your child organize their room using labeled bins and containers they can sort (i.e., Legos, action figures, cars, etc.)
- Take a nature walk. What plants and animals do you see?
- Teach your child how to sort the recyclables in your house and make it their chore.
- Praise your child when they put something away after using it.
- Challenge your child to create something out of recyclable materials.
- Have your child help you clean up after dinner. Include them in daily rituals like dish washing, drying, putting away leftovers, etc.
- Bring a trash bag and plastic gloves on a walk around the neighborhood. Encourage your child to look around for litter and dispose of it in the trash bag.

### Recommended books to read with your child to reinforce this week's learning goals:

- *Biscuit's Earth Day Celebration* by Alyssa Satin Capucilli and illustrated by David Wenzel and Pat Schories (Harper Festival, 2010) This book is about Earth Day and things we can do to keep our Earth green.
- *One Little Bag* by Henry Cole (Scholastic, 2020) From a tall tree growing in the forest to the checkout counter at the grocery store, one little bag finds its way into the hands of a young boy on the eve of his first day of school.
- *The Pout Pout Fish Cleans up the Ocean* by Deborah Diesen (Farrar, Straus, Giroux, 2019) This book teaches about pollution and what we can all do to help.